

DANCE GROUPS FOR DISABLED PEOPLE IN HAMPSHIRE

Tuesday 10.30-12.00noon

A creative dance group for adults with learning and physical disabilities
Held at Portsmouth College, Tangier Road, Portsmouth
Led by Trina Woolley
Mob: 07855 415887 Email: petrinaw@orange.net

Tuesday 1.30-3.00 pm *

A sensory and movement awareness group for adults with severe learning disabilities
Held at Options Day Services, Quartermaine Road, North End, Portsmouth
Led by Trina Woolley
Mob: 07855 415887 Email: petrinaw@orange.net

Chance To Dance

Monday 1.15-3.15 pm

An integrated group for adults with physical disabilities, associated learning difficulties and able bodied dancers
Held at Wymering Community Centre, Sevenoaks Road, Cosham, Portsmouth
Led by Penny Rance
Email: penny.rance@ntlworld.com

Tamba

Tuesday 5.30-6.45 pm

A creative dance group
for children and young people 10 + with special needs.
Held at St Vincent Leisure Centre, Mill Lane, Gosport
Led by Penny Rance
Email: penny.rance@ntlworld.com

Tuesday 4.15-5.10 pm

A creative dance group for disabled children and their siblings
Held at St. John's Gosport CE Primary School , Grove Road, Gosport
Led by Penny Rance
Email: penny.rance@ntlworld.com

Snap

Wednesday 6-7.15 pm

An integrated creative dance group of 8-12 year olds with learning disabilities and able-bodied dancers
Held at Third Floor Arts Centre,
Central Library, Guildhall Square, Portsmouth
Led by Jo Hancox
Tel: 023 9268 8070

Commonweal Dance Company

Monday 4.30 - 6.30pm

Creative dance and performance group
for adults with learning difficulties
Held at Horndean Technology College, Barton Cross, Horndean
Led by Janet Findon
For details contact Linda Goodwin - tel: 023 9259 9753

Friday 10 - 12 noon

A creative dance group for adults with learning difficulties

Held at The Phoenix, Station Road, Bordon

Led by Sue Cox and Janice Northwood

For details contact Gabrielle Ring – tel: 01420 472664

Email: info@phoenixarts.co.uk

Badgers**Wednesday 8-9 pm**

A group for disabled and able-bodied dancers

Held at Milbrook Community School, Green Lane, Southampton

Led by Sonia Hume

Tel: 023 8078 1513

Solent Wheelers Dance Club**Tuesday 7-9 pm**

An open style dance group for people of all ages with physical disabilities

Held at Milbrook Community School, Green Lane, Southampton

Led by Eileen Dwyer

Tel: 023 8036 2114

GROUPS RUN BY THE POINT, EASTLEIGH***Jajouka*****Monday 5-6 pm**

Movement, games and creative dance for young people aged 14 years + with learning difficulties

Held at The Point

Led by Rita Hiscock

Mosaic**Friday 10.30-12.30pm**

Creative dance and improvisation for adults with physical disabilities

Held at The Point

Led by Sandra Thibault

Friday Night Mania**4.30-6.30 pm**

Creative and performance dance group for young people aged 12 years + with and without disabilities

Held at Wildern School, Hedge End.

Led by Trina Woolley

For details of groups run by The Point contact Kim Knight – tel: 023 8062 7815

Email: kim.knight@eastleigh.gov.uk

*all classes are open access unless otherwise stated